

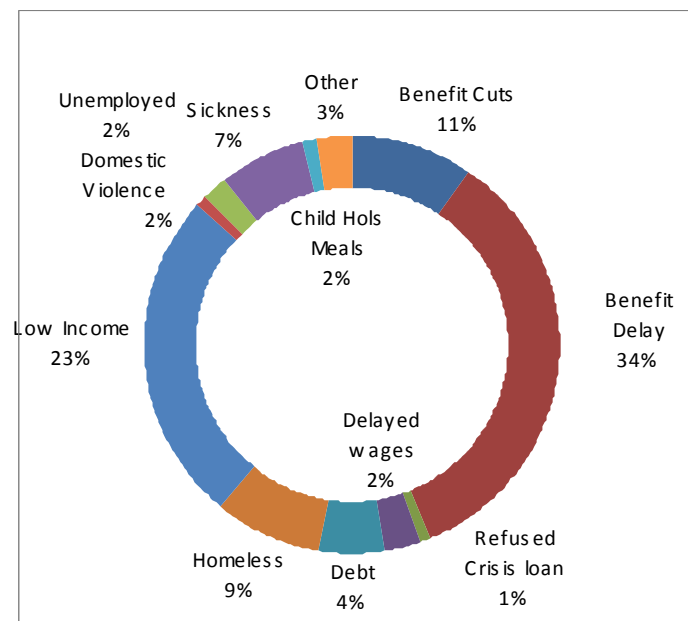
## Newsletter 4 – Summer 2010

Wadebridge foodbank provides three days worth of nutritionally balanced dried and tinned food to local people in times of crisis. Food is given out in exchange for a voucher, distributed by local statutory and voluntary organisations such as schools, doctors, churches etc. It is available to anyone living in Wadebridge, and the surrounding rural areas. If you or someone you know needs food, or you are a statutory or voluntary agency and want to hold vouchers, please contact us on 01208 813110.

### One year on...

So, it's officially been one year since we opened. We had a great evening at our AGM on 22<sup>nd</sup> March, and thank you to all those who came along. Jacqui presented our annual report, detailing the statistics on what we've done and whom we've fed over the year.

### So why do people need boxes?



### More headline stats (up to 31<sup>st</sup> March 2010):

- ❖ Food donated: 2784 kilos or 6124 lbs
- ❖ Distributors now holding vouchers: 30

- ❖ Total food boxes given out: 129
- ❖ Total people fed: 193 Adults and 159 Children (almost 1 person every day of the year)
- ❖ Top 3 reasons for referrals: 1) Benefit Delay 2) Low Income 3) Benefit Cuts

### More thank you's!

To Robartes School, Bodmin, who recently held a non-uniform day and food collection for us. To the Anglican and Methodist churches in Lanivet the Catholic church in Bodmin and Bodmin New Life Christian Fellowship for their continued support and donations of food. Also to Wadebridge Christian Centre, Egloshayle Anglican Church and to the many generous individuals who support us with food and money.

Big thank you also to Curves Gym Bodmin who collected food from their members, new and old throughout the month of April. It was like a workout trying to collect it all!

### New address for Bodmin Satellite

From 9<sup>th</sup> June the Bodmin satellite will move location. If you need to drop in to donate food or to exchange your voucher for a food parcel, please make a note of the new address:

**Bodmin Christian Fellowship.**  
**Berrycoombe Road,**  
**Bodmin PL31 2NS**  
**Wednesdays from**  
**1:30pm – 3:00pm.**

Many thanks to David & Leslie Oliver and the congregation at Bodmin Christian Fellowship for the use of their great venue, and their support.



The StoreHouse is still going strong, helping out families and individuals who find themselves in crisis need without the basic furniture and household items many of us take for granted. We currently are in urgent need of:

- ◆ Fridges
- ◆ Double Beds

Please remember us if you have furniture or small household appliances that you no longer require (in good, clean and working condition please!)

### Volunteers Needed!



Welcome to Pat, Pam and Julia, our newest volunteers in Foodbank. If you would be interested in volunteering, please get in touch. We always need helpers to pack and sort boxes, and we also need helpers for one-off events such as supermarket collection days. Also, we desperately need more help with administration,

press and publicity – get in touch if you would like to know more!

### How a food box got one family back on the road

We recently helped a family in Bodmin who were in desperate need of a food box. The Father worked night shifts, and their car had recently broken down, putting his job at risk. He could not afford to lose his job, but could not afford to get his car fixed as well as feed his family and pay his bills. The Foodbank were able to provide him with food boxes over a few weeks, enabling him to pay to get his car fixed, and thus keep his job. Brilliant!

### Fundraising – The 500 Club!



If 500 people became Friends of Wadebridge Foodbank, and committed to pledging just **£1 per month**, we could cover our running costs and thus ensure our future sustainability. Please consider whether you could pledge just £1, or maybe more?

Please detach and return the slip below if you would like to know more, or would like to join the 500 Club.

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### Please return this form if you would like to make a donation or to receive further information.

Name:

Address:

I would like more information on the work of the Wadebridge Foodbank YES/NO

I would like a standing order form to join the 500 Club YES/NO

I would like to make a donation to the work of Wadebridge Foodbank of £

**Please return to Wadebridge Foodbank, 1 Chapel Lane, Wadebridge, PL27 7NF. Cheques can be made payable to Wadebridge Foodbank.**