









### Restoring Dignity, Reviving Hope

### THIS YEAR MARKS OUR 10TH ANNIVERSARY!

For the last 10 years, our Foodbanks have been serving Bodmin, Camelford, Padstow, Wadebridge & the surrounding areas.



Wadebridge Foodbank, Unit 2 Trevanson Street, Wadebridge Cornwall PL27 7AR 01208 815 374

www.wadebridgefoodbank.org

contact@wadebridgefoodbank.org

Charity Number: 1166301 Registered in England & Wales







With your generous donations during the last 10 years we have fed the equivalent to over 25,000 people in crisis.

A crisis can happen to anyone. People are referred to us for many reasons, for example; sickness, redundancy, benefit changes, low income or a change in circumstances.

The Foodbank team will gratefully receive any of your kind donations, however we currently have plenty of beans, pasta, soup and cereal.

### WE ARE IN NEED OF:

RICE
TINNED MEAT
TINNED FISH
LONG-LIFE FRUIT JUICE
JAM
SOAP







# Emergency Food

Emergency food is the first step in helping many people access other services and support which can help get their lives back on track.

We have helped the equivalent to 3,712 people since April 2018.

# Working Together

We partner with local care organisations such as doctors, teachers, health visitors and social workers who identify people in crisis. Professional organisations can issue a red foodbank voucher to give people access to emergency food which can be collected from one of our Foodbanks.

"Thank you for our food box. I needed help as my husband and I are both studying to be nurses and we are struggling to feed our family."













### 28 tonnes

Over 28 tonnes of food has been given to people in need since
April 2018, that's the equivalent of 560 shopping trolleys.

## 88,000 meals

With local help and support, we have provided approximately 88,000 meals during the last financial year to people in crisis.





### Our Foodbank Locations

#### **BODMIN FOODBANK**

Bodmin Christian Fellowship Berrycoombe Road Bodmin, PL31 2NS Opening Times: Mondays & Wednesdays lpm - 3pm

#### CAMELFORD FOODBANK

St Thomas' Church Camelford PL32 9PD Opening Times: Tuesdays 2pm - 4pm

#### WADEBRIDGE FOODBANK

Unit 2, Trevanson Street Wadebridge PL27 7AR Opening Times: Mondays - Thursday 10am - 1pm



## When Accidents Happen....

We recently met a young lady at our Foodbank who was very distressed and had her whole arm bandaged up. When we asked about the injury she explained that she'd been mowing the lawn at home and severed her fingers on the blade. It was an accident that happened really quickly.

We reassured her that we were here to help and dealt with her efficiently so that she could go home again and take more painkillers. We told her that accidents can happen and not be too hard on herself.

We spoke to the organisation that referred her to our Foodbank and they explained that she had recently lost her dad and she had young children one of whom has special needs. She also had a mortgage to pay and would struggle whilst signed off from work. Bereavement is incredibly difficult in itself let alone everything else that has happened.

We were able to help her with a food box and also with some Winter Fuel Funding to help with her bills. The referral agency said it had been a life saver and she doesn't know how they would have coped without the money we gave her.

Her trips to Derriford hospital continue and she has been really ill due to an infection. Her husband has had to take time off unpaid and her sick pay is very little. So the food and money we were able to supply helped them with their crisis and she has another food parcel voucher to help her through this difficult time.









### **Wadebridge Foodbank Standing Order Mandate**

www.wadebridgefoodbank.org

Please pass this form onto the foodbank, using the foodbank's address at the bottom, who will save a copy for their records. They will then send it onto your named bank or building society.

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vith current Data Protection legislation. Bodmin, Camelford & Wadebridge Foodbank collects information to keep in touch with you and supply you with information relating to our work. To unsubscribe from our newsletter, send a message to the email address above with the word unsubscribe in the subject line. A full data privacy statement for financial donors is available from the foodbank on request.'

| 6          | Tick to boost your donation by 25p of Gift Aid for every £1 you donate.   |
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| giftaid it | I want to Gift Aid my donation and any donations I make in the future or have made in the past four years. I am a UK taxpayer and understand that if I pay less Income Tax and/or Capital Gains Tax than the amount of Gift Aid claimed on all my donations in that tax year it is my responsibility to pay any difference. |

## GIFT AID FORM

By filling in this form, Bodmin, Camelford & Wadebridge Foodbank will receive an extra 25p for every £1 you give at no extra cost to you. Thank you!



| Foodbank  You can change your preferences any time by contacting us on 01208 815374 or emailing contact@wadebridgefoodbank.org  Data protection   |   |
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| Post Code:  Phone:  Boost your donation by 25p of Gift Aid for every common and any donations or have made in the past four years.  I am a UK taxpayer and understand that if I pay less Tax than the amount of Gift Aid claimed on all my responsibility to pay any difference.  Date:  We would love to keep in touch with you so we can update you on our work. Please tick here if you would be happy to receive communications from us:  By post  By email  I do not wish to receive fut Foodbank  You can change your preferences any time by contacting us on 01208 815374 or emailing contact@wadebridgefoodbank.org  Data protection |   |
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