

Support from the local National Citizen Service Teams



We were fortunate to have the help of two NCS teams. As well as supporting us in the Foodbank they also promoted the work we do in the community. They held bake sales and food collections and donated a fantastic 425kg of food and money raised from their local events. They are a passionate group of young people & we are so grateful for their help in our local community.



Do you need help with budgeting?



BE PREPARED FOR UNIVERSAL CREDIT WITH OUR FREE & FRIENDLY MONEYBOX COURSE.

We can help provide the knowledge & skills to get on top of your finances and prepare you for the new benefits system.

If you are on any of these 6 benefits, it will affect you: Working Tax Credit, Child Tax Credit, Housing Benefit, Job Seekers Allowance, Income Support, Employment & Support Allowance.

I suffer from anxiety & wasn't sure if I could cope but everyone was so lovely I didn't like school but it's not like that & it actually helped me to make things better for me & my family



If you are a tenant, aged 16+ & unemployed or know someone who would benefit from some support, a course will be starting at Chestnuts, Bodmin in January 2019. For more information, please give us a call at Wadebridge Foodbank on 01208 815374 or email us at contact@wadebridgefoodbank.org





Grab a bargain & join us for a cuppa & cake at The Basement at WCC (top of Molesworth Street) 10am-12midday

Monday 19th November Last day for gift-filled shoeboxes



Sunday 25th November



Friday 30th November & Saturday 1st December Tesco Food Collection at

Wadebridge & Padstow



Wadebridge Foodbank, Unit 2 Trevanson Street, Wadebridge, Cornwall. PL27 7AR. Tel: 01208 815374 www.wadebridgefoodbank.org / contact@wadebridgefoodbank.org Registered Charity Number: 1166301 (England & Wales)



Sainsbury's

Here is our Foodbank Volunteer Rita Watkins & her husband, Dr Steve Watkins collecting food at Sainsbury's in Bodmin. Thanks to everyone who donated, we received a total of 303kg of food.

THANK YOU FOR YOUR GENEROUS DONATIONS





We are so grateful to all the local schools, churches & supermarkets who have donated food to us as part of their Harvest Festivals. Here are the donations from St Tudy Primary School (on the left) and Padstow School (on the right).



Come along to our *Nearly New Sale* on Saturday 27th October in aid of the Teams4U Shoebox Appeal. 10am-12oclock at The Basement (WCC) at the top of Molesworth Street. Why not start your Christmas shopping, there will be clothes, books, gifts, bric a brac, new soft furnishings for the home and refreshments.

Foodbank Drop-in Times

Bodmin

Bodmin Christian Fellowship Berrycoombe Road Bodmin PL31 2NS Mon & Weds 1pm-3pm

Camelford St Thomas' Church Tuesdays 2pm-4pm

Wadebridge Unit 2, Trevanson Street Wadebridge PL27 7AR Mon-Thurs 10am-1pm



Pictured here is our Project Manager, Jacqui White receiving a donation from Mick Goward, President of the Wadebridge Rotary Club. The donation was from their Wadebridge Wheels Event and will enable us to continue helping people in crisis.

SHOEBOX APPEAL If you would like to donate a gift-filled shoebox with a £2.50 donation please drop it in to Wadebridge Foodbank by 19th November.

PLEASE NOTE: If you do not wish to receive newsletters from Bodmin, Camelford and Wadebridge Foodbank, please email contact@wadebridgefoodbank.org with the word "unsubscribe" in the subject line, and your full name in the body of the email. Alternatively you can call us on 01208 815374 during our opening hours: Monday-Thursday 10am-1pm.

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• We are struggling for space and currently looking for larger affordable premises. If you would like to support us and the work we do at the Foodbank, please detach & return the slip below;

Name:

Address:

Email Address:

I would like more information on the work of the Wadebridge Foodbank YES / NO I would like a Standing Order Form YES / NO

I would like to make a donation to the work of Wadebridge Foodbank for £

Please make cheques payable to Wadebridge Foodbank & Storehouse & return to us at Unit 2 Trevanson Street, Wadebridge, Cornwall. PL27 7AR